

Active Transportation Policies

The built environment is the manmade physical environment where people live, learn, work and play. It can be as small as office buildings and homes to neighborhoods and cities. Environmental design affects our health. Inaccessible or nonexistent sidewalks or bicycle trails contribute to sedentary habits. A lack of physical activity in one's daily life can lead to poor health outcomes such as obesity, cardiovascular disease, diabetes and some types of cancer.

LiveWell Johnson County is taking the long-view to improve the built environment. In collaboration with our partners, like BikeWalk KC, work is being done to incorporate walk and bike friendly policies and municipal improvements that prioritize active transportation options. BikeWalk KC is a nonprofit organization that works to build a culture of active living through the creation of safer and more accessible places to walk, bike, live, work and play.

The following cities have adopted active transportation policies:

- Leawood adopted a pedestrian and a bike plan.
- Olathe adopted a bicycle component of their transportation master plan.
- Overland Park adopted a bike plan.